

MMTR 50 Mile Aid Stations

#	Aid Station Name	Location	Waypoints		Google Map Location
1	Forest Gate	Spy Rock Rd Forest Gate	N37.831743	W79.130228	https://bit.ly/2Tu2nxh
2	Forest Valley	FS 246 & FS 1176A	N37.791634	W79.178956	https://bit.ly/3kudhyV
3	Salt Log Gap	FS 63 & FS 1176	N37.779933	W79.182222	https://bit.ly/35Tv24P
4	Mt Pleasant Loop	Mt. Pleasant Nat'l Rec area	N37.676289	W79.332249	https://bit.ly/34A6b6B
5	Wiggins Spring Cabin	FS 48 x FS 520	N37.753931	W79.214840	https://bit.ly/3oyDiiP
6	Buck Mountain	FS 520 & Buck Mtn ridge	N37.743715	W79.236295	https://bit.ly/2TtW10N
7	Long Mountain	Long Mtn Wayside	N37.723277	W79.249752	https://bit.ly/3jsGxoo
8	Buck Mountain	FS 520 & Buck Mtn ridge	N37.743715	W79.236295	https://bit.ly/2TtW10N
9	Wiggins Spring Cabin	FS 48 x FS 520	N37.753931	W79.214840	https://bit.ly/3oyDiiP
10	The Loop - IN	Mt. Pleasant Nat'l Rec area	N37.758892	W79.188796	https://bit.ly/34A6b6B
11	The Loop - OUT	Mt. Pleasant Nat'l Rec area	N37.758892	W79.188796	https://bit.ly/34A6b6B
12	Salt Log Gap	FS 63 & FS 1176	N37.779933	W79.182222	https://bit.ly/35Tv24P
13	Forest Valley	FS 246 & FS 1176A	N37.791634	W79.178956	https://bit.ly/3kudhyV
14	Forest Gate	Spy Rock Rd Forest Gate	N37.831743	W79.130228	https://bit.ly/2Tu2nxh
	Finish	Montebello Campground	N37.852526	W79.131775	https://bit.ly/2HGcmg8