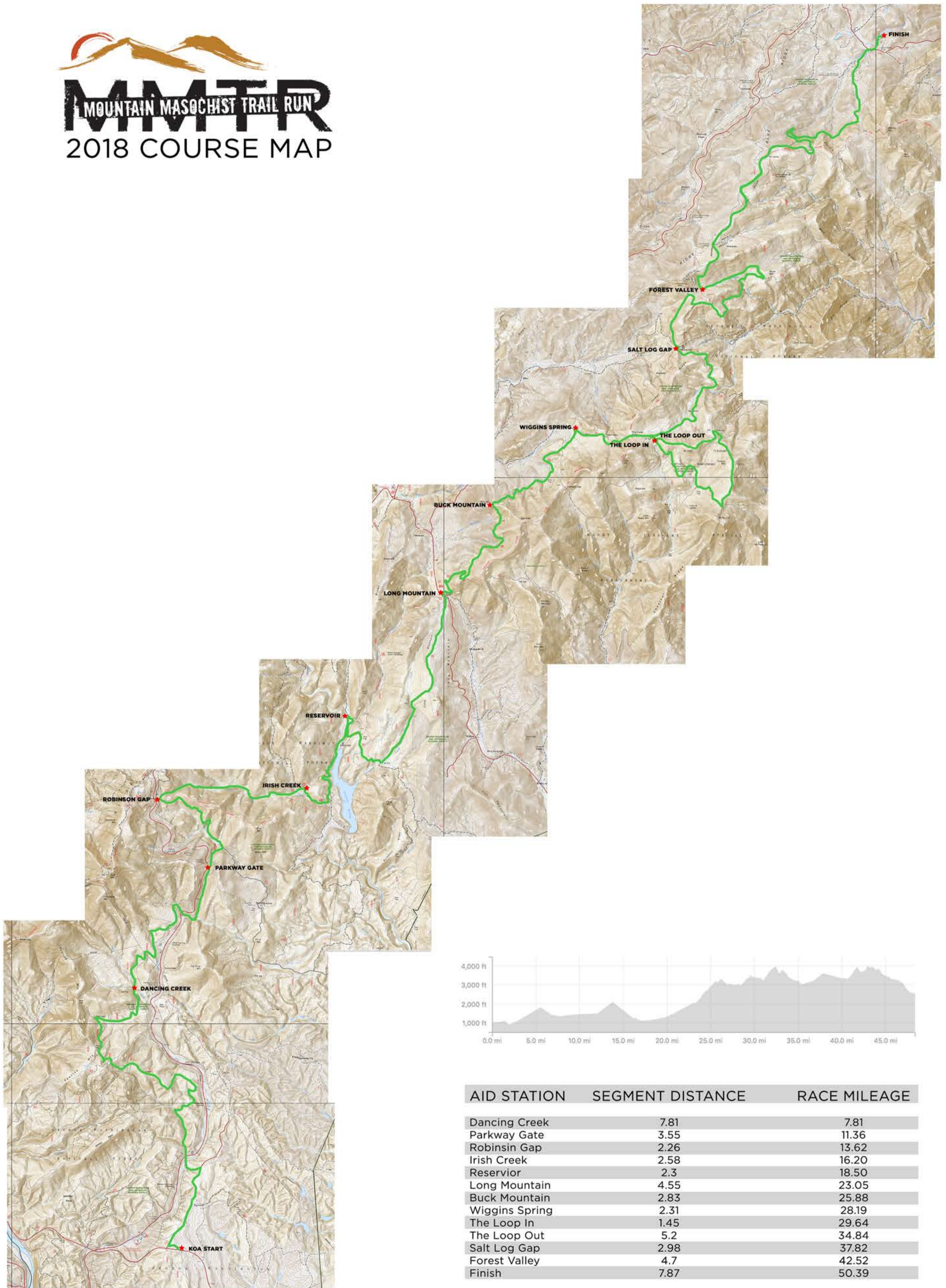




MOUNTAIN MASOCHIST TRAIL RUN

2018 COURSE MAP



AID STATION	SEGMENT DISTANCE	RACE MILEAGE
Dancing Creek	7.81	7.81
Parkway Gate	3.55	11.36
Robinson Gap	2.26	13.62
Irish Creek	2.58	16.20
Reservoir	2.3	18.50
Long Mountain	4.55	23.05
Buck Mountain	2.83	25.88
Wiggins Spring	2.31	28.19
The Loop In	1.45	29.64
The Loop Out	5.2	34.84
Salt Log Gap	2.98	37.82
Forest Valley	4.7	42.52
Finish	7.87	50.39